

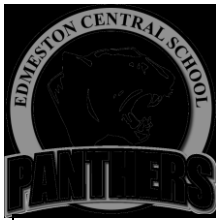
Edmeston Central School

Phone (607)965.8931 Fax (607)965.8942

Updated: February 22, 2021

Edmeston Central School District Procedures & Protocols for Athletics:

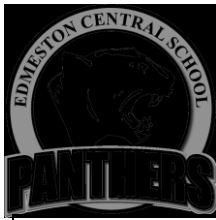
<p>Overall Safety Protocols & Guidelines</p>	<ul style="list-style-type: none">• Wear a mask or cloth face-covering that covers your nose and mouth at all times.• Practice social distancing and personal hygiene protocols. Do not congregate.• Students/Staff may not come to practice/events if any of the three following criteria apply:<ul style="list-style-type: none">• You have tested positive for COVID-19 in the past 10 days• You are under a 10-day self-quarantine requirement implemented under Governor Cuomo's Executive Order No. 205 regarding travel to (for 24 hours or more) and returning from a state that has met the metrics to qualify for the New York State travel advisory. For an updated list of states on the travel advisory list, please visit: coronavirus.health.ny.gov/covid-19-travel-advisor• You have experienced any symptoms of COVID-19 in the past 10 days. Symptoms, as listed on the Centers for Disease Control website: fever 100.0 degrees or higher, cough, shortness of breath, or at least two of the following symptoms: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, congestion or runny nose, diarrhea, nausea and/or vomiting.• Wash your hands frequently with warm, soapy water for at least 20 seconds, or frequently use (60% or higher) alcohol-based hand sanitizers.• Avoid touching your face.• Cover your mouth with tissues when you sneeze and discard the tissues in the trash. Wash your hands or use hand sanitizer after you discard the tissue.
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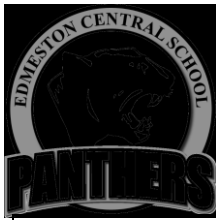
	<ul style="list-style-type: none"> • Stay home if you are sick or you have been exposed to someone who has tested positive for COVID-19 or has a presumed COVID-19 diagnosis. Contact your health care provider if needed. • Mrs. Johnson will inform administration and the athletic director of Otsego Co. 7-day rolling average for the positive infection rate as well as the hospitalization rate. • All student-athletes will have their temperature checked and complete a health questionnaire prior to practices and games. Coaches will need to submit forms to Mrs. Plows. • Student-athletes and coaches will wear masks at all times while in the building. Gaiters and bandanas will not be allowed. Student-athletes who have a medical note with a documented pre-existing medical condition (on file with nurse's office) may be allowed to have limited mask wearing. Visiting student-athletes with pre-existing medical conditions, that prevent mask wearing, must present medical notes to the AD. Additional face masks will be available. • The athletic director will develop practice and game schedules which will stagger times to avoid crowding and congestion. • Dr. Gary Furman and Christine Nichols are the plan administrators and will be responsible for communicating the plan to student-athletes, coaches, parents, trainers, referees/officials, etc. The athletic director will assist in providing information. •
<p>Spectators</p>	<ul style="list-style-type: none"> • It has been decided that spectators will not be permitted for high risk sports. However, if all parties agree each Senior athlete can have 2 spectators attend on Senior night. • For Fall 2 sports there will be a maximum of 2 spectators for each home athlete. • Spectators must be fully masked the entire time and practice social distancing. • Spectators may be asked to fill out a health questionnaire and have their temperatures taken.
<p>Health Screening & Symptoms</p>	<ul style="list-style-type: none"> • If student-athletes are not feeling well, they must stay home.



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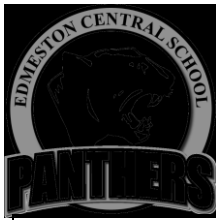
	<ul style="list-style-type: none">• In the event of failed screening, the student will not be allowed to participate in practice or the event.• In the event of failed screening, the designated screener will send the student-athlete home immediately and will communicate with parents/guardians. (Parents/guardians are asked to remain in the vicinity until their children clear the screening process.)• In the event of failed screening, the designated screener will notify the athletic director and coaches of athlete-participation status.• In the event of failed screening, student-athletes will be required to obtain a medical clearance from a physician to return to activity.• In compliance with FERPA and HIPAA, student and staff privacy will be protected.• Vicki Johnson will be the plan coordinator who will serve as the point of contact and will assist with case investigation and contact elicitation and notification.
Masks	<ul style="list-style-type: none">• Masks that conform to recommendations from the Centers for Disease Control and Prevention must be worn at all times, by all student-athletes, coaches, managers, referees/officials, spectators, etc.• Gaiters and bandanas will not be allowed.• Any mask that becomes saturated with sweat must be changed immediately.• Reusable masks must be washed daily in hot water and not reused until cleaned.• Coaches, managers, and other school personnel should monitor proper use and correct improper use by student-athletes, when indicated. This should also include mask breaks as appropriate.
Practicing	<ul style="list-style-type: none">• Coaches must keep a practice log for student-athletes in attendance with all contact information• During practices, coaches will schedule mask breaks which adhere to social distancing guidelines for student-athletes.• Locker rooms can be used for changing for practices immediately after school. Coaches must monitor the locker room as to not allow loitering (get them in and out). Student-athletes who are remote learning on



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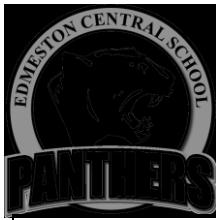
	<p>practice days will be required to show up ready to go for practice.</p> <ul style="list-style-type: none">• Student-athletes who are not in school for in-person instruction will be expected to arrange for their transportation to practice. Parents will be expected to promptly pick athletes up from practices unless athletes transport themselves. Carpooling with other families is not allowed. Student-athletes with a valid driver's license may drive themselves to practice.• Student-athletes are expected to bring water or sport drinks to practice. Coaches will assign student-athletes to specific areas in the gym for their water breaks. Student-athletes may be allowed to fill water bottles at the bottle refill station in the locker room. Only one student-athlete at a time may be in the locker room.• During practices, water breaks must have student-athletes socially distanced throughout the gym to ensure proper distance for water breaks. Coaches will sanitize these areas after each practice.• Student-athletes must sanitize their hands upon entering and exiting the gym. Coaches should schedule periodic breaks for student-athletes to sanitize their hands during practices.• All equipment must be sanitized before and after each practice and game. During practices, equipment will be sanitized during breaks.• Practices will be no more than 90 minutes.• For practices, coaches will develop pods among their student-athletes to limit potential transmission.• All coaches, student-athletes, parents, and others associated with games and/or practices will agree to cooperate with all contact tracing requests.
Travel	<ul style="list-style-type: none">• Student-athletes will be required to always wear face coverings on all buses.• All bus rules are to be followed.• Student-athletes who are not in school for in-person instruction will be expected to arrange for their transportation to practice.• Carpooling with other families is not allowed. Student-athletes with a valid driver's license may drive themselves to practice.



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	<ul style="list-style-type: none"> • There will be no interstate travel. • If a team stops for food they may not eat in the restaurant. They can get their food and eat on the bus. Everyone needs to be in their own seat (siblings may eat together), windows down, eat quickly, and put their masks back on. If the weather is nice enough to eat outside and social distance, this may be done.
<p style="text-align: center;">Contests</p>	<ul style="list-style-type: none"> • Visiting Student-athletes, Coaches, Officials, score, and timekeepers will be required to fill out a health questionnaire and have their temperatures taken before or upon entering the building or grounds. ECS coaches will collect the forms and provide to Mrs. Plows. These forms will contain all relevant information for contact tracing. • Referees, score keepers, and timekeepers will be required to wear face masks. Score and timekeepers will be socially distanced. • Locker rooms are not available for games. Student-athletes must arrive at games dressed and ready to play. Only one player may go into the locker room to use the water bottle fill station. Coaches will monitor their players. • During games, equipment will be sanitized during time outs and after each quarter. • Before and after games, custodians will sanitize chairs and scorer's table. • For basketball games, bleachers will not be used, only chairs. Chairs will be placed 6 feet apart. All bench players and varsity/JV players watching the game will wear the proper face masks. Coaches will monitor their players. • For soccer games all bench players will be socially distanced and will wear the proper face masks. Coaches will monitor their players. • At games, there will be no pre-game conference with players. • All handshakes, fist bumps and similar gestures pre- and post-game are not allowed.
<p style="text-align: center;">Consent, Clearances, & Liability Forms</p>	<ul style="list-style-type: none"> • Parents must sign a consent form for their child(ren) to participate.



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	<ul style="list-style-type: none">• All student-athletes will submit medical clearance (physical) from their healthcare provider.• All coaches, student-athletes, parents, and others associated with games and/or practices will agree to cooperate with all contact tracing requests.
Return to Play Protocol	<ul style="list-style-type: none">• The Edmeston Central School District will follow the procedures outlined in the document titled "COVID-19 Interim Guidance: Return to Sports" released by The American Academy of Pediatrics on December 17, 2020.
Sport Specific Information	<ul style="list-style-type: none">• Please refer to the NYSPHSAA rulebook and guidelines• Also your coaches team rules